

# Easy Read Safeguarding Policy



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## Introduction



Safeguarding means protecting people from abuse.

Safeguarding is very important at Inspired.



Inspired must protect the safety of all participants.



We do this by looking out for any safeguarding concerns.



Inspired staff must report any safeguarding concerns so that participants will be safe.

# Types of abuse



There are different types of abuse.





## **Physical Abuse**

Hitting, slapping, punching, kicking, pulling hair.



## **Psychological Abuse**

Threatening, blaming, intimidating, controlling, calling names.



#### **Sexual Abuse**

Touching private parts without consent, taking or sharing photos of private parts.

# **Types of abuse**



#### **Financial Abuse**

Stealing money, taking an ATM card, controlling bank accounts.



### **Neglect**

Not caring for a person properly.

Not giving enough food, clean clothes, heating and medication.



#### **Discrimination**

Treating someone badly or excluding them because of their ability, age, race or gender.



#### **Service Abuse**

Not providing person centred care or responding to individual needs.

# What to do if you are worried about abuse



If you are worried about abuse, Inspired will help. We will listen to you.



Inspired must respond to concerns about abuse at Inspired, in the community or at home.



Staff cannot keep secrets about safeguarding. We must report any abuse or concerns.



We will come up with a plan to keep everyone safe.

